

## HEALING HORSES TWO DAY CLINIC



Jan Barley is established as a horse healer and animal communicator for over ten years, Jan works on a deep soul level with the horses. She believes we all have the capacity to heal and communicate

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Horses have taught her the intricacies of healing, in that she now no longer has to do hands on, but simply stands next to the horse. Horses communicate on the soul level, imparting information about themselves and how they see their lives in relationship to their experiences and with their owners.

During this clinic, you will learn the ease of connecting at this soul level. At the venue we have a choice of up to 20 plus horses. Some of them have come from auctions as unhandled nervous youngsters, others are well established on the yard and have lots to teach and even more to say!

This is a two day clinic. There is no option to attend for a single day.

### DAY ONE - 15<sup>th</sup> September - Healing horses

#### Pre-requisites

- Students must be attuned to Reiki 1 minimum
  - Have at least six months experience of working with healing energy
  - Have several years experience of handling horses.
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- ✚ We will start the day with a **brain/body exercises**, to connect your right and left brain hemispheres, relax you and release the feel good chemicals to sustain your energy through the day
  - ✚ **Getting to know each other** - brief discussion of your history and experience with healing & horses, and what you hope to gain from this day
  - ✚ **Outlining of the theoretical aspects** of the healing process how to conduct a successful session. This will be kept as brief as possible, but long enough

that you understand and absorb the knowledge. My intention is to get you out working with as **many horses as possible during the day**

- ✚ **Short meditation** to open the healing channels and prepare you for hands on work
- ✚ **Practical - out with the horses.** Initially we will work as a group, then you will pair off and finally conduct a healing session one to one with a horse of your choice
- ✚ Lunch
- ✚ **Recap**, discuss any barriers that may have arisen for you and realign you with your intentions
- ✚ **Practical - Back out with the horses** for the afternoon
- ✚ End of day discussion

When you leave, you will have gained full understanding of your own strengths and weaknesses during a healing session. You will know how to improve those weaknesses and how to develop your strengths. As individuals we all have unique gifts and no one session will be exactly the same. As the facilitator for the day, I will help to identify these areas with you. You will also be given a powerful tool that will help you to overcome self doubt and lack of confidence.

### DAY TWO - 16<sup>th</sup> September - Animal Communication

You must be open to and comfortable with the process of animal communication. There is not the time on this second day to deal with the self doubts and lack of confidence of individuals, so you must be prepared to trust in, and throw yourself into, the process and understand that it takes time and practice to develop this skill - for most people it doesn't happen overnight.

- ✚ We will start the day with a **brain/body exercises**, to connect your right and left brain hemispheres, relax you and release the feel good chemicals to sustain your energy through the day
- ✚ **Outlining of the theoretical aspects** of the communication process how to conduct a successful session.
- ✚ **Short meditation** to open the communication channels and prepare you for the work ahead

- ✚ **Practice** - you will be practicing communication techniques in pairs by a series of fun exercises & photographic work
- ✚ **Out with the horses.** Initially we will work as a group, then you will pair off and finally conduct a communication session one to one with a horse of your choice
- ✚ Lunch
- ✚ **Recap**, discuss any barriers that may have arisen for you and realign you with your intentions. If need be we will do another meditation to help clear blockages and/or self doubt
- ✚ **Back out with the horses** for the afternoon
- ✚ End of day discussion

For many years I struggled to be able to communicate with animals with the ease that I had seen others do. I doubted my abilities and questioned information when it came through. This is a very human failing. From experience, I know that anyone that hasn't been born knowing how to do this will go through the same anxieties. Based on my own past difficulties, you will learn how easy it actually is and how much fun you can have in a communication session.

Horses are excellent communicators, and the core of this clinic will enable you to be able to talk to any animal. At first you may not hear or feel them talking back, but if you take home and work with the tools that I will give you on this day, it will become easier.

Horses, in my opinion, have been sent to this earth to teach us to be better humans. They want to help us and on this day you will experience the differences of communication with a varied selection of horses, some of which didn't like people much when they first arrived.

**Venue:** The clinic is situated at GL51 9TH - just outside of Cheltenham, Gloucestershire.

**Times:** 10 - 4:30 both days

**Included:** In-depth manuals & certificates for Reiki for horses & animal communication & refreshments available during the day

**Price:** Only £175.00

**Places:** Strictly limited to four people

**To book**

Either call me on 0800 634 3320 or I will email a booking form for you to pay by cheque, or go to [www.healinghorses.co.uk/clinics.htm](http://www.healinghorses.co.uk/clinics.htm) and follow the link for Paypal payment.